



# CITY MANAGER'S NEWSLETTER



Volume I Issue 21

September 20, 2013

## **MARQUEE LIGHTING/PEDWAY**

### **DEDICATION**



Officials from the City of Woodstock and Classic Cinemas celebrated the ribbon cutting of the new downtown pedway and lighting of the new Woodstock Theater vertical marquee on Main St. Residents and visitors alike now have a convenient connector from the Throop St. parking

lot behind the theater to Main St. and the Square. The new marquee acts as a welcome to the City and downtown on the North end of the busy Main St. gateway with 'Woodstock' taking top billing.

Restoration work continues on the historic theatre building with the entire Woodstock Theatre project expected to be completed in time for the busy Holiday movie season.



## **WASTEWATER OPEATIONS SEMINAR**

**Superintendent Anne George and Plant Operator I, Adam Sheahan**, attended a Central States Water Environment Association wastewater operation seminar held at the Village of Algonquin's wastewater treatment facility on September 10th. The seminar began with an in-depth tour of the wastewater treatment facility. This particular wastewater treatment facility is designed for biological nutrient removal, a process that the City will be considering in the future. Following the tour, there were several technical presentations on operating a biological nutrient removal plant, odors and ammonia - the impacts of low flows, lab discussion that included switching from fecal coliform to e. coli testing, maintenance on collection systems - grouting and sewer lining, and defining excellence in Public Works.

### **MEETINGS NEXT WEEK...**

Wednesday, September 25 – Jack Franks' Town Hall Meeting, Council Chambers, 7PM

### **IN THIS ISSUE...**

- 2 Recruitment News**
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### **RECRUITMENT NEWS**

Congratulations to **Sarah Kaminski**, who began work this week in her new role as **PT Library Desk Assistant** at the **Woodstock Public Library**. Sarah most recently served as **LPT Library Shelver**.

Today, Friday, 9/20/13, is the final opportunity to apply for this posted opening:

### **Economic Development Coordinator**

Woodstock seeks dynamic, experienced economic development professional to attract and facilitate new and existing business, and market Woodstock as a unique and thriving business destination. This full-time position reports to the **Director of Community & Economic Development** and serves as the City's main contact to handle all retail, commercial and industrial recruitment and expansion. Min. qual: BS in Business or Public Admin, Marketing, Urban Planning, or related; 3 yrs' progressively responsible work experience; excellent communications skills and valid driver's license, required. CEcD, EDFP or AICP a plus. \$42,127 - \$65,377 DOQ w/excellent benefits. Send resume and cover letter outlining relevant qualifications and education to: [humanresources@woodstockil.gov](mailto:humanresources@woodstockil.gov) . Deadline to apply: Friday, 9/20/13. EOE.

Also currently open for application:

### **Seasonal Leaf Crew**

The City of Woodstock has openings for temporary workers for **Leaf Crew** duties this fall. Positions work Monday - Friday, 7 a.m. – 3:30 p.m., up to 40 hours per week, approx. 10/28 through 11/22/13. These are manual labor positions with no driving required. Candidates must possess physical strength and mobility to spend full days walking, bending and lifting. Positions pay \$11.00/hr. with no benefits. Please contact [humanresources@woodstockil.gov](mailto:humanresources@woodstockil.gov), or visit the **Human Resources Department** at Woodstock City Hall, to request an application. The City reserves the right to select only the most qualified candidates for an interview. Application deadline: Friday, 10/11/13. EOE.

### **TO MARKET, TO MARKET: ACA HEALTH INSURANCE OPTIONS DEBUT 10/1/13**

The Affordable Care Act requires the establishment of a "Health Insurance Marketplace" ("Marketplace") in every state by January 1, 2014. (The intended purpose of the Marketplace is to serve as a public forum for the purchase of individual health insurance coverage.) Federal law requires that employers provide formal notices to inform employees of the existence of the Marketplace, and how to contact the Marketplace for additional information.

This official notice will be included in every paycheck envelope next week. In the event anyone does not receive a notice, please visit the HR Department, or check the City's Shared Drive under HR Files to view another copy of it



### **TEN THINGS YOU CAN DO TO MINIMIZE STORMWATER RUNOFF POLLUTION**

- Use fertilizer sparingly and sweep up driveways, sidewalks, and roads.
- Never dump anything down the storm drain.
- Install vegetation and plantings in the bare spots in your yard.
- Compost and recycle your yard waste.
- Avoid pesticides and consider Integrated Pest Management (IPM).
- Direct downspouts away from paved surfaces.
- Take your car to the car wash instead of washing it in the driveway.
- Check car for leaks and recycle motor oil.
- Pick up after your pets.
- Have your septic tank pumped and your septic system inspected regularly.

### **WOODSTOCK DUATHLON 2013**

All you running and biking enthusiasts, are you ready for Woodstock's Duathlon? Head out to beautiful Emricson Park this Sunday morning, September 22, to participate in the Short Course or Long Course event.

The Short Course, which has a start time set at 7:45 a.m., will consist of a 2K run, 20K bike, and another 2K run. The Long Course will begin at 7:30 a.m. and includes a 10K run, 40K bike, and ends with a 5K run. Participation is available for individual racers and teams alike. In-person registration is available at the race-site this Saturday, September 21 from 2:00-6:00 p.m. Race-day registration is available from 5:00-7:00 a.m. on Sunday. Emricson Park will be closed to through traffic during the Duathlon, but will remain open for park users via the Jackson Street entrance.

"All who register for the Woodstock Duathlon are eligible to participate in a free training program brought to you by Fast Finish Coaching. This 5-week program will be led by Steve Van Horn, USAT Certified Level 1 Coach."

All race proceeds benefit Hearthstone Communities (a 501c3 not-for-profit).

For more information, go to:  
<http://www.kjmultisport.com/woodstockevent.html>



### **GOLF CLASSES START OFF SWINGING**

This session's Recreation Department golf classes are being held at the "Golf Academy at Terra Cotta." This fall's 6 – 14 year old class is on Mondays from 5:30–6:30 PM; the Wednesday adult class is from 5:30–7:00 PM.



Both sessions started the week of September 16 and will run through October 16. New this session, a senior's session was offered on Mondays from 9:00- 10:00 AM and a women's class from 10:00 – 11:00 AM.

This is the first year that classes have been offered at the "Golf Academy at Terra Cotta." This business was started by Jim Buenzli who has been teaching Recreation Department golf classes at Boone Creek for years. The new facility is located at 5200 Pleasant Hill Road in Prairie Ridge.

The next session of golf lessons will start in April. Information will be in the Winter/Spring City Scene that will be mailed out the last week in December

### **WHAT'S HAPPENING IN WOODSTOCK...**

- Saturday, September 21- Farmers Market, 8:00AM, Park in the Square
- Sunday, September 22 – Woodstock Duathlon, Emricson Park
- Friday, September 27 – Haunted Square, Park in the Square

## DANCE CLASSES BEGIN



The Recreation Department's Little Dancers, Ballet, Hip/Hop, and Kidz Pop programs began their fall session this week with twelve different classes.

Little Dancers teaches students basic ballet and jazz steps while having fun expressing themselves through creative movement. The Ballet class is a beginner ballet that teaches participants ballet terms and positions while improving the child's balance, movement and flexibility. Hip/Hop and Kidz Pop all teach popular dance moves to the current popular music.

These popular eight-week classes are led by instructors Laura Powell, Bridget Saladin, Robin Sobel, and Jamie Pierce.

Recreation Coordinator Renee Torrez and the instructors are planning the annual recital for all dance participants in the Spring.

## Quotation

*Happiness is not the absence of problems, but the ability to deal with them.*

Charles de Montesquieu (1689 - 1755)

## HEALTH & SAFETY MESSAGE: 5 EASY WAYS TO AVOID DIABETES

Over 25 million people, almost 10% of the US population, have already developed this largely preventable disease, one that ultimately takes a tremendous physical and financial toll on so many in our society. But recent studies show extremely positive results after modifying just 5 aspects of our daily lives. People who managed one of the individual lifestyle risks below experienced a 30% reduction in developing diabetes. However, when all 5 factors shown were controlled in appropriate ways, the chances of developing diabetes decreased by over 80%.

- Don't smoke—heavy smokers double their risk of diabetes when compared to non-smokers. It's never too late to quit and reverse any previous damage done.
- Drink moderately—one drink per day for women or two for men can actually have a beneficial effect for many people. However, too much alcohol can cause chronic inflammation of the pancreas, impairing its ability to secrete insulin.
- Fill up on fiber—eating fiber and whole grains improves blood sugar levels, which stabilizes insulin and helps avoid energy crashes. Snacking on nuts instead of chips, or fruit instead of cookies, is an excellent start to modifying one's diet and can quickly become habit-forming.
- Move more—exercise not only helps lose weight, lower blood sugar and boost insulin sensitivity, it also helps mental focus and mood balancing. A brisk 20-minute walk every day is all it takes to realize tremendous rewards!
- Be a Loser—at least when it comes to those extra pounds we all seem to attract. The National Institute of Health says that being at a healthy weight is the single biggest factor in avoiding diabetes, and the good news is that every pound lost improves overall health.