



CITY MANAGER'S NEWSLETTER



Volume XXIII, Issue 4

January 25, 2013

SAVE THE DATE!

On Monday, February 11, 2013 **Chief Robert Lowen** will host the 89th consecutive *Coffee with the Chief* open house at the **Woodstock Police Department**.

McHenry County Emergency Management Agency Assistant Director Robert Ellsworth, Jr. will speak on the topics of Emergency Planning and Weather Preparedness.

The meeting will be held in the Training Room and begin at 7:00PM. All are welcome to attend.

LIBRARY NEWS

COMPUTER CLASSES FOR JOB HUNTERS

Computer classes geared to help job seekers are being offered by the **Woodstock Public Library** in February and March. The classes are made possible through a grant from the McHenry County Community Foundation and are specifically designed to help job seekers gain the necessary skills to fill out online job applications and create resumes.

The classes will be held on Saturdays and compliment the classes already being offered by the library. The classes are: Basic Computer Skills on Saturday, February 2 and repeated on February 23 from 9:30AM to noon; Beginning Internet class on February 9th and repeated on March 2 from 9:30 to 11:30 AM; Beginning Microsoft Word on February 16 and repeated on March 9 from 9:30 to 11:30AM.

Register for the classes online at woodstockpubliclibrary.org or by calling the library at [815-338-0542](tel:815-338-0542).

PADS RECEIVES DONATION FROM CITY



When the last occupants of the Old Courthouse Restaurant moved out, they left kitchen wares behind. On Friday, January 18, members of **Public Works** and **Community and Economic Development** assisted in bringing more than 350 pieces of serving ware to the McHenry County Public Action to Deliver Shelter (PADS) site located on Kishwaukee Valley Rd. The site offers temporary shelter for people with no other place to go, and also provides the residents with meals each day. PADS was very grateful for the new plates, bowls, commercial coffee maker, serving trays and other kitchen necessities that are required to feed the hundreds of visitors to the shelter each year.

IN THIS ISSUE...

2 Elks Club Reuse

3 Recruitment News

4 Health & Safety Message

WALGREENS EXTERIOR CHANGES

Community & Economic Development personnel have been meeting with representatives of Walgreens regarding the exterior remodeling of the Walgreens store at the southeast corner of Country Club Road and South Eastwood Drive/IL Route 47. Proposed changes to the building include expanded windows, replacement of all building signage, and the installation of new replacement awnings. Preliminary design materials have been submitted to the City for review and detailed plans and specifications are expected to be submitted shortly. A rendering of the intended building appearance is provided below.



PUBLIC WORKS WRAPS UP CHRISTMAS TREE COLLECTION



Friday, January 25th concludes the scheduled collection and disposal of Christmas Trees for Woodstock residents. Since January 2nd, eight hundred trees were collected and fed thru the City's wood chipper to create a product that is available to residents for reuse and recycling into area landscapes this spring. This program, administered by the **Parks Division of Public Works**, is normally interrupted once or twice by the arrival of winter storm events. The 2013 collection period was uninterrupted, another telltale sign that the City is in the midst of a snow drought.

ELKS CLUB REUSE

Woodstock building inspection staff met with the new owner of the former Elks Club building, located at 140 Cass Street, regarding the renovation and reuse of the site. Although there are no specific tenants at this time, the owner has expressed interest in improving the building and making it more attractive and functional for new users. Preliminary improvements discussed included installation of an elevator in the building, the use of the second floor for banquet and meeting activities, the remodeling and upgrading of the kitchen and dining areas, and restoration of historical exterior facade features.

RECRUITMENT NEWS

The following positions are open for application:

LPT Playroom Attendant

Woodstock Recreation Center has opening for limited part-time Playroom Attendant.

Position supervises members' children on-site and performs light cleaning duties. Min. age 16; good communications and customer service skills; childcare experience preferred. Schedule requires flexible availability, mornings and early evenings Mon-Sat;

8-10 hours per week, \$8.25/hr., no additional benefits.

LPT Recreation Center Cashier

Highly responsible person needed long-term as front desk clerk at Woodstock Recreation Center. Check members in & out, process payments, register program participants, provide information and perform cleaning duties. Min. Qual: HS degree or equiv.; excellent customer service skills and attention to detail; computer and data entry skills required. 15-18 hrs./wk., variable hours inc. days, eves and wknds. \$8.46/hr., no additional benefits.

To apply for either position, call or visit the HR Department, Woodstock City Hall, 121 W. Calhoun Street, Please call 815-338-1172 or email humanresources@woodstockil.gov to request an application. Deadline to apply: **Friday, 2/8/13.**

Seasonal Recreation and Public Works summer positions remain posted and available for application, including: **Certified Lifeguards** and **WSI Swim Instructors, Pool Cashiers** and **Playground Program Counselors**. Minimum age requirement is 16 for all seasonal Recreation positions.

Also, **Public Works general Seasonal Maintenance Workers**, \$8.25 per hour. Minimum requirements are age 18, with a valid Illinois driver's license and good driving record.

Applications for 2013 summer positions will be accepted through Thursday, February 28th. To request an application please do so at:

humanresources@woodstockil.gov, or call or visit Woodstock City Hall HR Department, 815-338-1172.

Quote

*Some cause happiness wherever they go;
others whenever they go.*

Oscar Wilde

MEETINGS NEXT WEEK...

No Meetings Scheduled

HEALTH & SAFETY MESSAGE: HOW TO BATTLE THOSE WINTER BUGS

As U.S. health officials recommend flu shots and frequent hand washing for protection during this season's influenza outbreak, dietitians point to another significant defense weapon: healthy foods.

Nutritional deficiencies impede your ability to fight infection, while immune-boosting foods can improve your ability to ward off the flu and other health problems, according to the Academy of Nutrition and Dietetics.

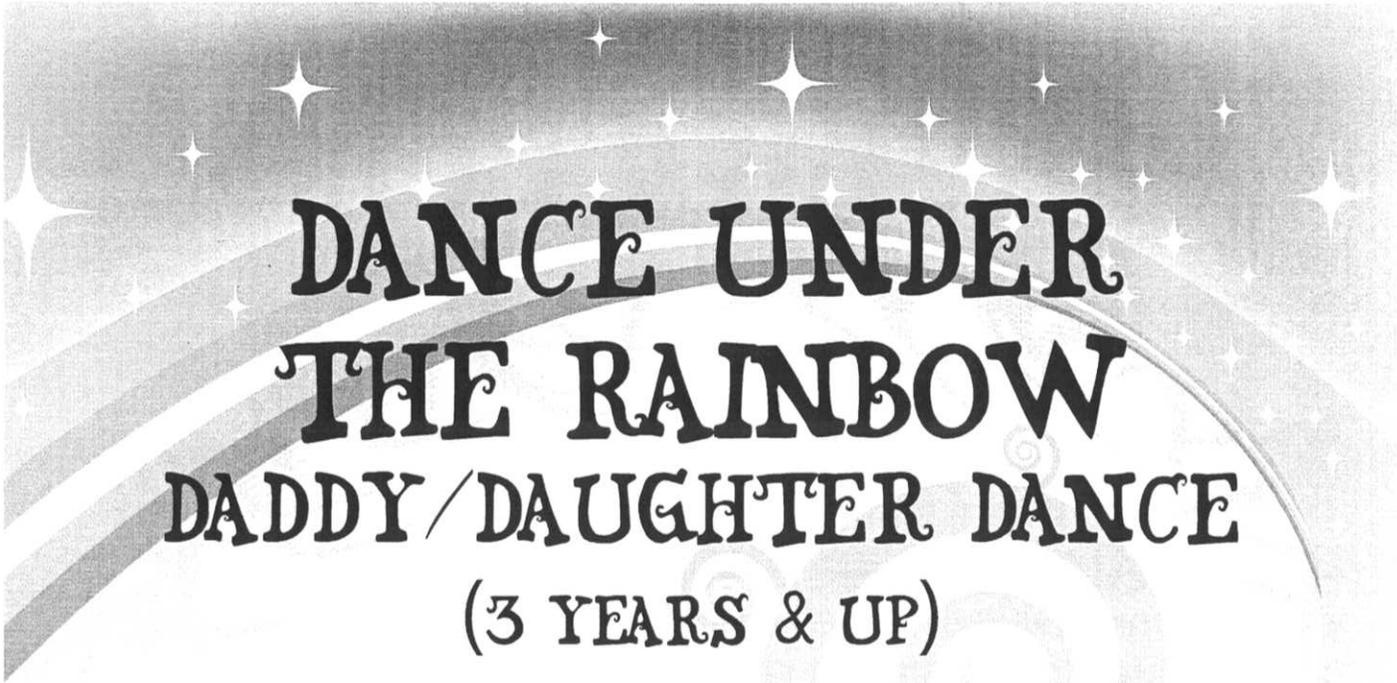
Even a small nutritional deficiency can affect the body's ability to stay healthy, and good nutrition is essential to a strong immune response. The following overview highlights specific foods that may boost the immune system:

- **Protein** is an essential part of your body's defense system. Sources of protein include seafood, lean meat, poultry, eggs, beans and peas, soy products and unsalted nuts and seeds.
- **Vitamin A** helps prevent infections by keeping the skin and tissues in the mouth, stomach, lungs and intestines healthy. This nutrient, found in sweet potatoes, carrots, kale, spinach and red bell peppers, also helps the body regulate the immune system.
- **Vitamin C** triggers the production of immune-boosting antibodies. Oranges, grapefruit, strawberries and tangerines are among the foods rich in vitamin C.
- **Vitamin E** is an antioxidant that may provide a boost to the immune system. People who want to get more vitamin E in their diet should eat sunflower seeds,

almonds, sunflower or safflower oil, hazelnuts, peanut butter or spinach.

- **Zinc**, a nutrient found in lean beef, wheat germ, crab, wheat bran, sunflower seeds, black-eyed peas, almonds, milk and tofu, may also improve functioning of the immune system.



A decorative background featuring a large, multi-colored rainbow arching across the top half of the page. The background is dark with numerous small, white, four-pointed stars scattered throughout, creating a night sky effect.

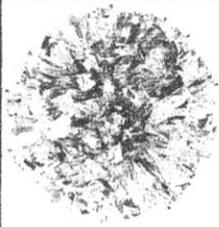
**DANCE UNDER
THE RAINBOW
DADDY/DAUGHTER DANCE
(3 YEARS & UP)**

**Saturday, February 23
6:00-8:00 pm**

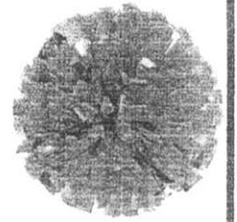
Dads, uncles, grandfathers are invited to soar with your special little one to a colorful night where the two of you can dance under the rainbow! Snacks and treats and lots of fun! A picture of the couple is included in the fee. Min/Max: 40/82

Program # 327081-A

*Fee: \$35 per couple, \$20 each additional child
Fee as of Feb 17: \$40 per couple*



Beginner Poms



Grade: 4-6

Have fun learning the basics of Poms, including movements, jumps, turns, and flexibility. Participants should wear comfortable clothes and be ready to move. This will prepare and ready you for any upcoming poms or dance teams in the future. A basic routine will be showcased at the Spring Dance Recital Thursday, May 2.

8 Classes Min/Max: 10/12

Instructor: Eden Powell

Location: Young Masters Martial Arts, 110 Johnson St.

(in the Woodstock Square Mall)

Day/Time: M/ 4:15-5:00pm

Session: February 25- April 22 (Exc. 3/25)

Fee: \$75 Resident/ \$95 Non- Resident

Fee as of February 19th: \$80 Resident/ \$100 Non- Resident

