



CITY MANAGER'S NEWSLETTER



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SUMMER WATER BILLS

Residents should be aware that all water used either for indoor or outdoor purposes is charged based on the City's current water & sewer rate of \$4.83 per 100 cubic feet (or 750 gallons). Sewer charges are not waived for the use of water to wash cars, fill swimming pools, or water lawns. The City does not have any means to measure the usage for these activities.

Since the City bills quarterly for water and sewer services, residents are not always aware of how much it can cost to water their lawns. For example, using a 25', 5/8" garden hose to water your lawn for an hour would cost on average \$18.55. Using this same hose to water your lawn 3 times a week for an hour throughout the month of July would result in an estimated cost of \$222.60. Watering for the three summer months using the previous example of watering the lawn could generate an estimated water/sewer bill of \$768, which would include regular home usage. The amount actually charged can vary depending on the size and number of hoses, the length of time watering and the frequency.

The University of Idaho website provides a calculator that will determine the amount of water flow (http://www.uidaho.edu/extension/lawn/Files/Garden_Hose.htm) from a garden hose. This information can then be used to estimate your water usage for watering purposes.



POLICE ANNOUNCE JULY TRAFFIC ENFORCEMENT INITIATIVE



The **Woodstock Police Department** has announced that their Special Traffic Enforcement Initiative for July will target stop sign violators. As always, the ultimate goal

of this initiative is two-fold, both to prevent traffic crashes that result from dangerous driving behaviors such as failure to come to a full stop or yield the right-of-way, and to encourage motorists to voluntarily comply with traffic laws.

Questions regarding this or any other traffic enforcement issue should be directed to **Sergeant Dennis Leard** at 815-338-2131 or at dleard@woodstockil.gov.

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LIBRARY NEWS

Pet Rock: Teen Program

Age Group(s): Grades 6-12

Date: 7/11/2012

Start Time: 3:00 PM - 4:00 PM

All you need to bring to this program is a rock and your imagination! We'll be transforming rocks into not-so cuddly versions of some of life's furry friends. Registration is highly recommended for these programs but drop-ins are welcome too! This program is held inside the Library in the large meeting room.

Friends Shelf Reading Party

Event Type: Adult Program

Date: 7/13/2012

Start Time: 8:00 AM - 10:00 AM

Do you like to organize? Do you like books? Do you want to feel good helping out your library? Join us for our monthly shelf reading parties where volunteers help to put books in order on the shelves. If you can count or alphabetize, you can shelf read. You'll get to meet other library fans and have the satisfaction of helping to keep your library in ship-shape. No experience necessary. We're happy to train you! We'll also ply you with coffee and treats. Registration Required.

Ice Cream Social at the Community Band Concert!

Age Group(s): Family

Date: 7/11/2012

Start Time: 7:30 PM - 8:30 PM

You are cordially invited to the Friends of Woodstock Public Library Ice Cream Social on Wednesday, July 11 at 7:30PM. Celebrate the 128th season of the Woodstock City Band by joining us at the concert "By the Numbers" on the Woodstock Square.

Location: Woodstock Square – Springhouse.



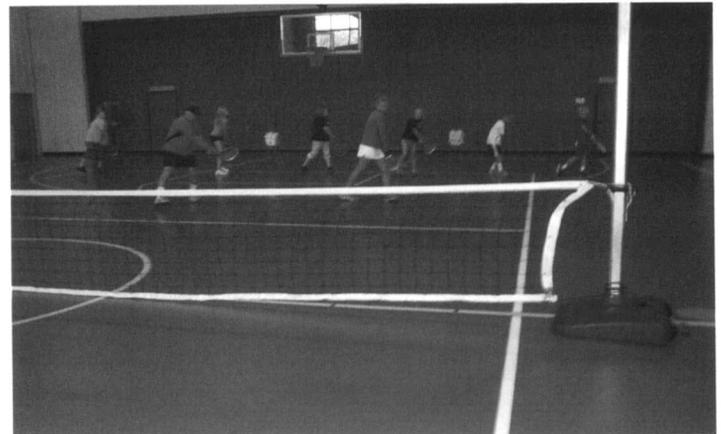
SUMMER TENNIS LESSONS GOING STRONG

The first session of the **Recreation Department's** summer *tennis lesson* program ended on June 29. The 20 students met at the Emricson Park tennis courts. Youth lessons met five days a week for three weeks. Pictured is the June 28th class which met indoors at the Recreation Center Gym during the 100 degree heat wave.

The 2nd/3rd grade class meets at 9AM; 4th/5th grade meets at 10AM; and the 6th-8th grade at 11AM. The same class schedule will be offered for Session Two which runs July 16 – August 3.

The first sessions of the adult and high school lessons are also currently meeting. High school lessons meet on Mondays and Wednesdays from 7PM-8:30PM and adult lessons meet on Tuesdays and Thursdays from 7PM-8:30PM.

Session Two for adults and high school students will again be offered July 16th thru August 3rd.



MEETINGS NEXT WEEK...

Tuesday, July 10-Parks and Recreation

Commission, 7PM, Council Chambers

Thursday, July 12 - Adjudication Court, 9:30AM,

Council Chambers



T-BALLERS/BITTIE BALLERS SHOW THEIR STUFF AT WRIGLEY FIELD

Sixteen kids from the **Recreation Department's T-Ball and Bittie Ball program** got the opportunity to play three innings of T-ball on the Wrigley Field outfield prior to the Cubs/Mets game on this past hot and sunny Wednesday afternoon. The kids and their parents were then treated to Cubs pitchers giving up 16 hits and 7 walks on the way to a 17-1 Mets win. Go Cubs.....

The last games for the T-Ball/Bittie Ball program are Saturday July 21 at Bates Park. This summer, over 160 kids participated in the program, which is designed to help prepare kids for future upper level baseball and softball.

A special thank you goes out to all the volunteer coaches who put in countless hours with the kids. Without them this program would not be possible.

QUOTE

"A well adjusted person is one who makes the same mistake twice without getting nervous"

Alexander Hamilton

EMPLOYEE ANNIVERSARIES FOR THE WEEK OF JULY 8TH – JULY 14TH

Please stop by and congratulate **John Scharres** on his 35th anniversary with the City on July 14th. A special thank you to John for his tireless efforts and commitment to excellence, which makes the City of Woodstock a wonderful place to work and raise a family, as well as for all of the future years of service still to come.

RECRUITMENT NEWS

Interviews continue through next Tuesday with the 35 candidates selected to discuss their qualifications for open positions as **Maintenance Worker in Public Works**. **HR Director Deb Schober, Public Works Director John Isbell, and Assistant Public Works Director Jeff Van Landuyt** are conducting these interviews.

The recruitment to establish the next 2-year **Patrol Officer Eligibility List** has been **extended until Friday, July 27th at 3PM**. Qualifications remain as follows:

21-34 yrs old (age waiver for exp. officers); US citizen; HS grad or equiv., with preference points awarded for bachelor's degree; for associate's degree in criminal justice, law enforcement, fire service or emergency medical services; or for prior military service with honorable discharge; valid driver's license and good record; no felony convictions. FY12/13 starting salary: \$49,761 with comprehensive benefits package.

The entire application packet can be printed at www.woodstockil.gov under Employment Opportunities, or emailed by contacting: humanresources@woodstockil.gov. Completed applications must include \$40 processing fee (cash, check, or money order) and be submitted to City of Woodstock HR Dept., 121 W. Calhoun St., by 3 p.m. Fri. 7-27-12. Mandatory orientation and testing scheduled for Sat., 7-28-12. EOE.

HEALTH & SAFETY MESSAGE: BEAT THAT HEAT!

Here's a news flash...it's hot out there. While that may seem obvious, what isn't always apparent is just how easy it is to physically succumb to such high temperatures. Pay attention to your body's needs and be sure to follow these safety precautions:

- **Drink more fluids than usual.** Drink two 8-ounce cups of water 30 minutes before exercising, and drink one cup of water every 20 minutes. Drinking enough fluids during exercise helps improve heart function, maintain kidney function and lower the core temperature of the body. Dehydration can stress the heart and reduce the ability of the kidneys to maintain the correct balance of electrolytes.
- **Drink the right kinds of fluids.** Choose fluids carefully. Avoid alcohol as heat intensifies the effects of decreased balance and judgment. Cooling off by being in and around water while drinking is a major cause of summertime boating and swimming accidents. Also try to avoid liquids with high amounts of sugar, which actually contribute to dehydration, and very cold drinks, which can cause stomach cramps.
- **Wear loose-fitting, lightweight, light-colored clothing.** Dark, tight or thick clothes hold in heat and don't let your body cool properly, and they inhibit sweat evaporation.
- **Acclimate to the heat.** Sometimes it can take several weeks for your body to get used to the heat. If you have been working out inside all the time, don't dash for your first marathon.
- **See the sunrise.** Get up early and work out in the morning. The temperatures are lower before sunrise and after sunset. Working out in the morning also jump-starts your metabolism, making it possible for you to burn more calories throughout the day.
- **Stop the sunburn.** Wear a lightweight, wide-brimmed hat to protect from the sun, and apply sunscreen with a sun protection factor (SPF) of at least 45 to any exposed skin. Sunburned skin reduces your ability to get rid of heat.
- **Avoid the hot spots.** On a hot day in the direct sun, the temperature in your parked car can rise 20 degrees Fahrenheit in approximately 10 minutes. Let your car cool off before you drive it.
- **Take a bath.** After strenuous activity under the sweltering sun, it is great to soak in some tepid water. Taking a bath is a great way to lower your core temperature and stop the sweating.
- **Have a backup plan.** Being in an air-conditioned building is one of the best ways to prevent heat exhaustion. If the heat is too high outside, it might be wise to work out inside instead.
- **Take precautions when taking medications.** Ask your doctor or pharmacist whether the medications you take make you more susceptible to heat exhaustion and, if so, what you can do to keep your body from overheating.

Following the above suggestions will help avoid these very painful conditions:

- **Heat cramps.** Heat cramps are painful muscle contractions, mainly affecting the calves, quadriceps and abdominals. Affected muscles may feel firm to the touch, while body temperature may be normal.
- **Heat exhaustion.** With heat exhaustion, your body temperature rises as high as 104 degrees Fahrenheit and you may experience nausea; vomiting; headache; fainting; weakness; and cold, clammy skin. If left untreated, this can lead to heatstroke.
- **Heatstroke.** Heatstroke is a life-threatening emergency condition that occurs when your body temperature is greater than 104 degrees Fahrenheit. Your skin may be hot, but your body may stop sweating to help cool itself. You may develop confusion and irritability. If these symptoms appear, do not hesitate to seek help to increase hydration and reduce body temperature.

SUDOKU PUZZLE

Sudoku is the number placing game taking the world by storm. The rules of Sudoku are simple. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square. Each Sudoku has a unique solution that can be reached logically without guessing.

This Week's Puzzle!

						9		
4	9					5		3
			6		5	2	7	
5				7	1			8
		4				3		
9			5	3				1
	4	9	8		2			
1		3					6	5
		7						

Solution: Last Week's Puzzle

1	9	8	4	5	2	7	6	3
4	7	6	1	9	3	2	8	5
5	2	3	8	6	7	9	1	4
3	4	1	2	7	5	6	9	8
7	5	2	6	8	9	3	4	1
6	8	9	3	1	4	5	7	2
2	6	5	9	4	1	8	3	7
9	3	4	7	2	8	1	5	6
8	1	7	5	3	6	4	2	9

Publicity

For immediate release

For questions regarding this article, please contact:

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Kris Hall: 847-526-7352; johnnhall3@comcast.net

"First 100 Native Gardens Walk"

This year the Wildflower Preservation and Propagation Committee (WPPC) is celebrating a major accomplishment---over 100 homeowners in McHenry County have planted native gardens in their yards. Saturday, August 18, twenty-two of these yards will be open to the public for a self-guided tour from 10am to 2pm. Tour yards are located throughout McHenry County in Algonquin, Crystal Lake, Huntley, Johnsburg, Lake-in-the-Hills, Lakewood, Spring Grove, Woodstock, plus one in Lake County, Island Lake, and one in Kane County, Dundee. There is no charge for the tour and attendees may create their own tour route, visiting one or all of the twenty-two yards.

Homeowners have planted woodland shade gardens, savanna gardens, prairie gardens, and rain gardens ranging in size from 100 square feet to over 600 square feet on lots ranging in size from a regular city lot to 6 acres. They have all been planted as part of the "Natural Garden in Your Yard" (NGYY) mentoring program of the WPPC. The program is based on the concept that many small native gardens, when combined as part of the bigger picture can make a big difference for a cleaner, healthier environment for all. NGYY began in 2005 with 12 mentees. In 2012, there were 16 new mentees.

Native gardens provide numerous benefits to the homeowner including lower energy costs, no fertilizers or pesticides cost, improved air quality, , improved water drainage, increased number of birds and other wildlife visiting the yard and increased awareness of natural history. By planting a rain garden, homeowners can solve some water issues such as pooling and help to recharge the aquifer.

A brief description of each yard on the tour, along with the name and address of the owners will be available on line at the WPPC website, thewppc.org, July 7th. In addition, if you are interested in planting a native garden in your yard, also see the website, thewppc.org, and click on "Natural Garden in Your Yard."

If you have additional questions regarding the NGYY program or the tour, contact Carol Rice, 847-382-1181 or at goforsix@aol.com



You are cordially invited to join Chief Robert Lowen at the Woodstock Police Department for coffee, conversation, and an informative program.

Permanent Beat Officer Adam Schraw will present an in-depth look at the department's Field Training Program for new recruits.

Coffee with the Chief



Monday, July 9, 2012
7:00 p.m. – 8:30 p.m.
Woodstock Police Department
656 Lake Avenue

For further information, please call
Tamara Reed at 815-338-6787.