



NISRA

Northern Illinois Special Recreation Association

NISRA's mission is: enriching the lives of people with disabilities through meaningful recreation experiences and its values are: Fun, Professional, Innovative, Compassionate and Trustworthy.

Do you know someone with a disability who would like to go out, have fun and make friends? Since 1976, NISRA has provided recreation programs for people with disabilities. Socializing, building physical skills, learning, relaxation and fun are some of the benefits gained from participating in NISRA's year round activities. Sports, fitness, social, cultural, outdoor and preschool programs, along with camps, special events and trips offer enjoyment for children, teens, and adults of all ability levels.

The Woodstock Recreation Department, along with 12 other districts is a member of NISRA. Pick up a brochure at our 820 Lake Avenue office, view it on-line at www.nisra.org or call NISRA at 815.459.0737 to have one mailed to you.



NISRA Staff - NISRA's full time professional recreation staff hold college degrees in Therapeutic Recreation or related fields, along with various certifications. Part-time staff and volunteers help people with disabilities learn new skills and have fun. Do you have a talent to share and some time to give? Contact NISRA to learn more about part-time work or volunteering.

How about a Woodstock Recreation Dept Program? - NISRA staff assist our staff with including residents with

disabilities in our recreation programs. Types of support may include staff training, adapted equipment, sign language assistance or a program aide. Call 815.459.0737 with questions about inclusion, or contact Woodstock Recreation Department to register for a program.

Special Olympics - NISRA provides local Special Olympics training in 15 sports. Athletes develop skills and have the opportunity to compete at district, state, national and international levels. Volunteer coaches and officials are needed for some sports and training is provided.

NISRA...serving residents with disabilities in: Barrington Park District, Cary Park District, Crystal Lake Park District, Dundee Township Park District, City of Elgin, Hampshire Township Park District, City of Harvard, Huntley Park District, Village of Lake in the Hills, Marengo Park District, City of McHenry, Wauconda Park District, City of Woodstock.

Check out NISRA on the Internet - Log on, check it out and give us your feedback! www.nisra.org.

