



The 6th
Annual
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TRIATHLON
SUNDAY

AUGUST 7, 2016

**SPRINT AND CHILDREN'S TRIATHLON
WOODSTOCK, ILLINOIS**

**Emricson Park
Woodstock Water Works Aquatic Center**

ADULT TRIATHLON
7 AM START
400 M Swim
12.4 Mile Bike and 3.1 Mile Run

CHILDREN'S TRIATHLON
APPROX. 10 AM START
Start Time After Adult Race
50 M Swim Ages 6-9
100 M Swim Ages 10-14
3.5 Mile Bike • 1 Mile Run

Registration is available on-line ONLY at
www.signmeup.com/111554