



WOODSTOCK RECREATION CENTER

WOODSTOCK'S MOST COMPLETE FITNESS CENTER

60 Floor & Water
Group Fitness Classes

Offered Per Week

Cardiovascular Machines
(Treadmills, Ellipticals, Bikes,
Steppers, NuSteps, Rower)

Tread Climber

16 Magnum Circuit
Weight Lifting Machines

Fitness Ropes,

TRX & Kettle Bells

17 Free Weight Stations and
Rack Weight System

Indoor Pool/Whirlpool/Sauna

Unlimited Tanning Available

2 Racquetball Courts

Full Size Gymnasium/Track

Supervised Play Room

Personal Trainers

Free Towel Service

Open 96 Hours Per Week

Facility Rentals



WOODSTOCK RECREATION CENTER

Monday-Friday 5:00 am to 9:00 pm
Saturday & Sunday 7:00 am to 5:00 pm

Play Room Hours (Children 6 months and older)

Monday-Saturday mornings 7:45 am to 11:00 am
Monday-Thursday evenings 4:00 pm to 8:00 pm
Friday evenings 4:00 pm to 6:00 pm
Sunday mornings 9:00 am to 11:00 am

Summer Break Special

Purchase a 3 Month Membership
between May 1-July 31, 2016.

Executive Membership /3 Months for \$124
Full Membership /3 Months for \$99

*Good for 90 days after purchase.
Not Renewable*

**WOODSTOCK
RECREATION CENTER**



820 Lake Avenue • 815.338.4363
www.woodstockrecreationdepartment.com



Executive Membership

Use of the entire facility

	Monthly Dues	Initiation Fee	Annual Rate NO INITIATION FEE & 10% discount
1st Family Member*	\$45	\$99	\$486
2nd Family Member	\$35	\$49	\$378
Student**	\$30	\$49	\$324
Youth (Ages 4-13)*** <small>(with parent membership)</small>	FREE	FREE	FREE
1st Senior (62 years & older)	\$35	\$49	\$378
2nd Senior	\$25	\$35	\$270

- Land and Water Group Fitness Classes
- Unlimited Racquetball Court Time
- Tanning
- Supervised Play Room
- Cardio and Circuit Weight Machines
- Fitness Ropes, TRX and Kettle Bells
- Free Weights
- Indoor Pool/Whirlpool
- Gymnasium/Walking Track
- Dry Sauna
- Lockers/Towel Service
- Free Fitness Assessment

Full Membership

General use of the facility
(Group land and water fitness classes, racquetball, tanning and supervised play room are available for an additional fee.)

	Monthly Dues	Initiation Fee	Annual Rate NO INITIATION FEE & 10% discount
1st Family Member*	\$35	\$99	\$378
2nd Family Member	\$25	\$49	\$270
Student**	\$20	\$49	\$216
Youth (Ages 4-13)*** <small>(with parent membership)</small>	FREE	FREE	FREE
1st Senior (62 years & older)	\$25	\$49	\$270
2nd Senior	\$25	\$35	\$270

- Cardio and Circuit Weight Machines
- Fitness Ropes, TRX and Kettle Bells
- Free Weights
- Indoor Pool/Whirlpool
- Gymnasium/Walking Track
- Dry Sauna
- Lockers/Towel Service
- Free Fitness Assessment

* Family members are defined as parent(s) and dependent children living at the same address. (Excludes nephews, nieces, cousins, aunts, uncles, grandchildren, grandparents, and babysitters.)
 ** Student / Full Time, Ages 14-25 **ONLY**. Students 23-25 years old must provide verification of full-time status.
 *** Youth /Children 13 years old and younger must be accompanied by an adult at all times unless in the supervised playroom area during supervised hours.
 **** IL Dept. of Public Health requires that all persons under the age of 16 utilizing the pool/hot tub must be accompanied by a parent guardian, or other responsible person at least 16 years of age.



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Daily Rate

The daily rate allows full use of the entire facility, including group fitness classes, racquetball court time, tanning and supervised play room.

18 years & older \$8

Ages 14-17 years \$4

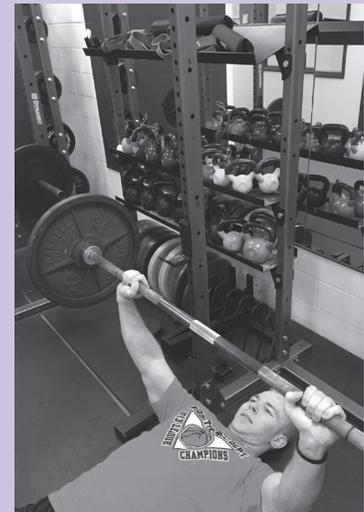
Individuals 17 years and younger must have a signed waiver on file before they can utilize the facility.

Ages 4-13 years \$4

Children 13 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room.

Ages 3 years & under FREE

Children 3 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room. Play room fees still apply.



Corporate Membership Rates

Tell your employees that you care by promoting their fitness! Help them attain their fitness goals and reduce your company's health insurance costs by providing them the opportunity to become members of the Woodstock Recreation Center at a reduced rate. A minimum of 5 individuals must participate and their fees must be paid with one check.

Employees of the following companies are currently able to sign up for discounted Corporate Membership rates:

3 Brothers Restaurant
 Charter Dura-Bar
 City of Woodstock
 Claussen/Kraft

Centegra Health Systems
 District 200
 Family Health Partnership
 McHenry County Conservation District

McHenry County
 Government Center
 Mercy Health Systems
 Panera Bread

Pioneer Center
 SEDOM | SEAL
 WFRD

For additional information, contact Renée at 815.338.4363 or rtorrez@woodstockil.gov.

Group Fitness Fees & Punch Card

Recreation Center Executive Members can participate in all Group Fitness Classes at no additional charge. If you are a Full Member, the fee is \$4 per class. For non-members a 20-punch card is available for \$125 and a 10-punch card is available for \$70. Each punch entitles you to one land or water group fitness class. A schedule of group fitness classes and descriptions is shown on pages 36-39.