

Children must be the age or grade listed by the first day of the program-no exceptions. When grade is listed, grade level applies to the 2016-2017 school year.

YOUTH VOLLEYBALL CLASS

Grades 3-5

Courtney DeBolt Slinko was an All-American and All-Big Ten setter for Michigan State University, trained with the U. S. National Team and played professionally. She has coached at both the high school and college levels. This class will teach the basic skills and techniques of serving, passing, setting, hitting, defense, and blocking through drills and game-like situations. Younger players will play on a lower net and use lighter volleyballs to encourage proper technique. 8 Classes Min/Max: 10/20



Instructor: Courtney DeBolt-Slinko
Location: Rec Center Gym

Day/Time: M/ 4:30- 5:30P
SESSION **PROGRAM #**
Jun 06-Aug 01 123071-A
Exc. 07/04

Fee: \$88 Resident/\$108 Non-Resident
Fee as of May 31: \$93 Resident/\$113 Non-Resident

SKILLS FIRST SOCCER

Age: 6-9

This is a week-long camp that aims to build skill, confidence, and character in each of its participants. Our 1000 touch promise ensures that each player is exposed to at least 1000 touches per day. Players will be taught multiple techniques to help develop close control play and confidence on the ball. Passing, receiving, shooting will also be covered. Look forward to fun daily themes such as 'soak the coach day' and 'Wacky Wednesday'. Players will get to show off the skills at the end of each day in our Skills First Super Cup which runs all week long. Please wear appropriate footwear. Fee includes a soccer ball for each participant. 5 Classes Min/Max: 6/24

Instructor: Super Striker Staff
Location: Davis Road Soccer #3

Day/Time: M-F/ 9:00-11:00A
SESSION **PROGRAM #**
Jul 11-15 123033-A

Fee: \$93 Resident/\$113 Non-Resident
Fee as of Jul 5: \$98 Resident/\$118 Non-Resident

SEE PAGE 24 FOR
ADULT TAE KWON DO/KARATE

TAE KWON DO/KARATE

Age: 5 & up

Students of all ages will enjoy the benefits of Tae Kwon Do and Karate. You will gain positive self-image, confidence, discipline and agility while improving your overall fitness. Students should wear comfortable work-out pants and shirt. 10/20 Classes Min/Max: 12/22

Instructor: John Byard, 5th Degree Black Belt
Location: Rec Center MP

BEGINNER - MONDAY

Day/Time: M/ 4:45- 5:30P
SESSION **PROGRAM #**
Jun 13-Aug 22 123010-A
Exc. 07/04

Fee: \$55 Resident/\$75 Non-Resident
Fee as of Jun 7: \$60 Resident/\$80 Non-Resident

BEGINNER - WEDNESDAY

Day/Time: W/ 4:45- 5:30P
SESSION **PROGRAM #**
Jun 15-Aug 24 123010-B
Exc. 07/06

Fee: \$55 Resident/\$75 Non-Resident
Fee as of Jun 9: \$60 Resident/\$80 Non-Resident

YELLOW BELT & UP - MONDAY & WEDNESDAY

Day/Time: M,W/ 5:45- 6:45P
SESSION **PROGRAM #**
Jun 13-Aug 24 123010-C
Exc. 07/04, 07/06

Fee: \$125 Resident/\$145 Non-Resident
Fee as of Jun 7: \$130 Resident/\$150 Non-Resident

YELLOW BELT & UP - MONDAY

Day/Time: M/ 6:45- 7:45P
SESSION **PROGRAM #**
Jun 13-Aug 22 123010-D
Exc. 07/04

Fee: \$63 Resident/\$83 Non-Resident
Fee as of Jun 7: \$68 Resident/\$88 Non-Resident

FLAG FOOTBALL CAMP

Age: 4-7

Join the Woodstock Thunder Coaches as they prepare your football player for the fall season with a fun-filled camp! Basic football skills will be taught and games will be played in this non-competitive learning environment. Camp t-shirt and water bottle included. 3 Classes Min/Max: 5/20



SEE
LEAGUE
INFO ON
PAGE 29

Instructor: Woodstock Thunder Youth Football Coaches
Location: Top of sledding hill, Emricson Park

Day/Time: W-F/ 5:30- 6:30P
SESSION **PROGRAM #**
Jul 27-29 123291-A

Fee: \$30 Resident/\$50 Non-Resident
Fee as of Jul 21: \$35 Resident/\$55 Non-Resident



Corkscrew Gymnastics & Sports Academy

A Twistin' Good Time

Instructor: Corkscrew Staff
Location: Corkscrew Gymnastics,
2309 N Ringwood Road, Suite Q,
McHenry IL

BEGINNING GYMNASTICS

Age: 5-16

A beginner class for boys and girls that builds strength and power on the floor, balance on the beam, speed on the vault, and coordination on the bars. Also included is time on the TumbTrak, a long trampoline that provides all the benefits of tumbling with less wear and tear on the joints. 6 Classes Min/Max: 4/8

Day/Time: Tu/ 4:45- 5:45P
SESSION **PROGRAM #**
May 10-Jun 14 123171-A
Fee: \$95 Resident/\$115 Non-Resident
Fee as of May 4: \$100 Resident/\$120 Non-Resident

INTERMEDIATE GYMNASTICS

Age: 6-16

Intermediate classes are for ages 6 years old and up and have been approved for the class by the instructor. This class will build upon the skills mastered in the Beginner class. The gymnasts will continue to work on the four Olympic events: Vault, Uneven Bars, Balance Beam and Floor in addition to trampoline. 6 Classes Min/Max: 4/8



Day/Time: Tu/ 5:40- 6:55P
SESSION **PROGRAM #**
May 10-Jun 14 123191-A
Fee: \$105 Resident/\$125 Non-Resident
Fee as of May 4: \$110 Resident/\$130 Non-Resident

TUMBLING

Age: 6-16

This class is designed for boys and girls to learn basic through advanced tumbling skills. Skills include handstands, cartwheels, round-offs, back handsprings, and back tucks. 6 Classes Min/Max: 4/8

Day/Time: M/ 7:30- 8:30P
SESSION **PROGRAM #**
May 09-Jun 13 123211-A
Fee: \$95 Resident/\$115 Non-Resident
Fee as of May 3: \$100 Resident/\$120 Non-Resident



CORKSCREW CLINICS

Age: 6-16

Each clinic will concentrate on a specific skill. Min/Max: 4/10

CARTWHEEL CLINIC

Day/Time: Sa/ 1:00- 2:00P
SESSION **PROGRAM #**
Jul 23 123221-A
Fee: \$18
Fee as of Jul 18: \$23

ROUND OFF CLINIC

Day/Time: Sa/ 1:00- 2:00P
SESSION **PROGRAM #**
Jul 30 123222-A
Fee: \$18
Fee as of Jul 25: \$23

BACK HAND SPRING CLINIC

Day/Time: Sa/ 1:00- 2:00P
SESSION **PROGRAM #**
Aug 06 123223-A
Fee: \$18
Fee as of Aug 1: \$23

Children must be the age or grade listed by the first day of the program-no exceptions.
When grade is listed, grade level applies to the 2016-17 school year.

TENNIS LESSONS

Grades 2-8

Stay active this summer playing the popular game of tennis! Beginners will learn the rules of the game, all the basic strokes, proper footwork, and be introduced to serving. Players with previous experience will refine the mechanics of their strokes and learn game positioning and strategy. Players need to bring rackets and enthusiasm, balls are provided.

15 Classes Min/Max: 6/12



Instructor: Ana Fedmasu
Location: Emricson Park, Tennis Courts

SESSION I

GRADE 2&3

Day/Time: M-F/ 9:00-10:00A

<u>SESSION</u>	<u>PROGRAM #</u>
Jun 06-24	123301-A

Fee: \$80 Resident/\$100 Non-Resident
Fee as of May 31: \$85 Resident/\$105 Non-Resident

GRADES 4&5

Day/Time: M-F/10:00-11:00A

<u>SESSION</u>	<u>PROGRAM #</u>
Jun 06-24	123301-B

Fee: \$80 Resident/\$100 Non-Resident
Fee as of May 31: \$85 Resident/\$105 Non-Resident

GRADES 6-8

Day/Time: M-F/11:00A-12:00P

<u>SESSION</u>	<u>PROGRAM #</u>
Jun 06-24	123301-C

Fee: \$80 Resident/\$100 Non-Resident
Fee as of May 31: \$85 Resident/\$105 Non-Resident

SESSION II

GRADES 2&3

Day/Time: M-F/ 9:00-10:00A

<u>SESSION</u>	<u>PROGRAM #</u>
Jul 11-29	123302-A

Fee: \$80 Resident/\$100 Non-Resident
Fee as of Jul 5: \$85 Resident/\$105 Non-Resident

GRADES 4&5

Day/Time: M-F/10:00-11:00A

<u>SESSION</u>	<u>PROGRAM #</u>
Jul 11-29	123302-B

Fee: \$80 Resident/\$100 Non-Resident
Fee as of Jul 5: \$85 Resident/\$105 Non-Resident

GRADES 6-8

Day/Time: M-F/11:00A-12:00P

<u>SESSION</u>	<u>PROGRAM #</u>
Jul 11-29	123302-C

Fee: \$80 Resident/\$100 Non-Resident
Fee as of Jul 5: \$85 Resident/\$105 Non-Resident

HORSEBACK RIDING CAMP

Age: 6-16

All you horse crazy kids... get your friends and sign up to attend a summer camp together! Two sessions of a four-day camp will be offered at John White Stables, a beautiful NEW riding facility located a few miles from Woodstock.

Activities will focus on the main attraction - horses and riding. We will have two rides a day. We will also learn about horses and their care, participate in crafts and games, make good friends, and cool off in the pool! Please bring a sack lunch. www.johnwhitestables.com.
4 Classes Min/Max: 3/12



Instructor: John White Stables Staff
Location: John White Stables, 4319 McCauley Road

Day/Time: M-Th/10:00A- 3:00P

<u>SESSION</u>	<u>PROGRAM #</u>
Jun 13-16	123011-A

Fee: \$295 Resident/\$295 Non-Resident
Fee as of Jun 7: \$300 Resident/\$300 Non-Resident

Day/Time: M-Th/10:00A- 3:00P

<u>SESSION</u>	<u>PROGRAM #</u>
Aug 08-11	123011-B

Fee: \$295 Resident/\$295 Non-Resident
Fee as of Aug 2: \$300 Resident/\$300 Non-Resident

YOUTH GOLF

Age: 6-14

This introductory class will thoroughly cover the fundamentals of the game of golf including basic stance, grip, posture and swing. The proper rules and etiquette will also be covered. Participants must bring at least one golf club (5, 7 or 9 iron). The price included unlimited practice balls during class. 5 Classes Min/Max: 3/20

Instructor: Mike Picciano and Staff
Location: Bull Valley Golf Club, 1311 Club Road

Day/Time: Tu/ 5:00- 6:00P

<u>SESSION</u>	<u>PROGRAM #</u>
May 31-Jun 28	123111-A

Fee: \$84 Resident/\$104 Non-Resident
Fee as of May 25: \$89 Resident/\$109 Non-Resident

SEE PAGE 24 FOR
ADULT HORSEBACK RIDING



COACHES NEEDED - Parents, we need you! Please e-mail Alan at adunker@woodstockil.gov if you're interested in becoming a volunteer coach! If you are a head coach, the registration fee will be waived for one child. **A mandatory coach's meeting will be held at the Recreation Center, 820 Lake Avenue, on Tuesday, May 17, at 6:30 pm for T-Ball and 7:30 pm for Bittie Ball.**

ATTENTION 6 YEAR OLDS - We have a program to suit personal abilities and skills. All six-year-olds have the choice of an additional year of T-Ball or to try their hand at Bittie Ball. **REGISTRATION DEADLINE IS MONDAY, MAY 16.**

T-BALL

Age: 5-6

(AGE DEADLINE IS AUGUST 1, 2016)

Our T-Ball program is a great way to introduce girls and boys to our national pastime of baseball/softball. Young players learn the basic skills of catching, throwing, and base running without having to face a pitcher. The SafeTee ball is batted from a "tee," and players are off and running. We will provide all equipment except for mitts. Fee includes team cap and shirt. Teams will practice once per week with games every Saturday. **REGISTRATION DEADLINE IS MONDAY, MAY 16.**

Min/Max: 50/80



SESSION
Jun 06-Jul 23

PROGRAM #
123491-A

Fee: \$45 Resident/\$65 Non-Resident
Fee as of May 17: \$60 Resident/\$80 Non-Resident



BITTIE BALL

Age: 6-7

(AGE DEADLINE IS AUGUST 1, 2016)

This program is designed to help prepare for future upper-level baseball/softball experiences. Participants will play games and practices with a "Coach Pitch" format. Fee includes team cap and shirt. Teams will practice once per week with games every Saturday. **REGISTRATION DEADLINE IS MONDAY MAY 16.**

Min/Max: 50/80



SESSION
Jun 06-Jul 23

PROGRAM #
123501-A

Fee: \$45 Resident/\$65 Non-Resident
Fee as of May 17: \$60 Resident/\$80 Non-Resident

Practices will be held at Prairie Ridge Park or Woodstock North High School

IF THERE ARE ANY NIGHTS OR TIMES YOU CANNOT PRACTICE, PLEASE LIST UNDER "COMMENT" SECTION ON REGISTRATION FORM ON PAGE 31.