

These organizations provide structured sport opportunities for our community. Although the city works closely with these groups and knows basic schedules and other information, please contact the groups directly for season dates, registration, and general information.

BASEBALL/SOFTBALL

Woodstock Girls Softball

Woodstock Girls Softball is a no-cut program for girls ages 5-20. Team practices begin in April. The regular season runs from early May - June. Home games are played at Bates Park while away games are played at fields outside of Woodstock. Several "All-Star Tournaments" are played during the month of July to provide a more competitive series of games. All-Star tournaments are finished by July 31. WGSL offers a fall league from the end of August through mid-October. Winter Skills Clinics operate from December until the start of the following season. Potential players & coaches are encouraged to participate in the clinics. Details are available on the website.

Website: <http://www.woodstockgirlssoftball.org/>
Contact: Please refer to the website for contact information.
Email: woodstockgirlssoftball@gmail.com

Woodstock/McHenry County Heatwave

The Heatwave is a travel softball program for players in Woodstock and McHenry County. Heatwave offers competitive travel softball for girls ages 7-18. Teams form in August and play fall, spring and summer season. Players receive indoor off-season training, play in travel softball leagues, regional tournaments and National Tournaments.

Website: www.eteamz.com/McHenryCountyHeatwave/
Contact: Teresa Neel 815.388.3299
Contact: Rob Neel 815.388.3495
Email: rtean@comcast.net

Woodstock Xtreme Softball

This organization is a feeder program for the Woodstock High Schools. We are non-profit dedicated to teach softball fundamentals and life skills through good sportsmanship, leadership, positive coaching, peer and parent communication. Players receive indoor off-season training, competitive play in travel softball leagues as well as regional tournaments. Our playing season is from May- Sept.

Website: www.woodstockxtreme.com
Contact: Christina Ramirez - ramfamily7@aol.com
Contact: John Tillmanns - john@yourimages.net

Woodstock Little League

Woodstock Little League offers recreational baseball for 7-13 year olds and competitive baseball for 14-16 years old. The regular season runs April - June. The fall season runs August - Early October. General registration will be in late January and is also available on-line.

Website: www.woodstocklittleleague.org
Email: info@woodstocklittleleague.com

Woodstock Avalanche Baseball

The Woodstock Avalanche is a travel baseball program for players in D200. Avalanche offers very competitive travel level baseball for players ages 9 -14 years old. Tryouts will be held in August, practices begin in February and games played from April-July. Limited roster spots are open for the 2016 season, please inquire for availability. Players receive indoor off-season training, play in the McHenry County Baseball League and area tournaments. Visit our website for more information.

Website: <http://woodstockavalanche.atomicleagues.com/>
Contact: Tim Oman 847.217.7034
Email: woodstockavalanche@gmail.com

Woodstock Lightning Baseball Club

The Woodstock Lightning is a travel baseball program for players in Woodstock and McHenry County. The Lightning offer competitive travel level baseball for players ages 9 -16 years old. Teams form in August and play games from April-July. Players receive indoor off-season training, play in travel baseball leagues and play in area/national tournaments. Visit our website for more information.

Website: www.woodstocklightning.com
Contact: Mike Turner 815.245.2140
Email: mike.turner@woodstocklightning.com

Adult Men's Baseball

Northern Illinois Men's Senior Baseball League (30 & Up)
 Northern Illinois Men's Senior Baseball League (40 & Up)
Contact: Jim Smithson 815.338.8706

BASKETBALL

Woodstock Hoops Basketball Association

A highly competitive boy's travel basketball program with tryouts held each year. The program is open to 5th through 8th grades. The program focuses on team skill development and strives to increase the player's basketball IQ.

Website: www.woodstockhoops.com

Woodstock North Boys Basketball Feeder Program

WNFB is a feeder program for 5th-8th grade boys who will attend Northwood Middle School or Woodstock North High School. The program is designed to prepare players for high school competition. The 5th and 6th graders begin practice in November; the 7th and 8th grade programs begin during Holiday Break at the conclusion of the Northwood Middle School basketball season.

Contact: Dave Zinnen 815.482.3352
Email: dzinnen@woodstockil.gov

Boys & Girls Developmental Basketball Leagues - Grades 1-6

This program's focus is the introduction of basketball fundamental techniques- dribbling, passing, shooting, rebounding, and defense- along with an introduction to the rules, and game situations. Younger players will shoot at an eight or nine foot basket with an age appropriate size ball to encourage proper shooting technique. Practices occur weekday evenings in the schools with games on Saturday. The 4th, 5th, and 6th grade boys begin in November; the 1st-3rd grade boys and 1st-6th grade girls begin in December. Fee includes skill development sessions, practices and games, reversible jersey, and basketball.

Website: www.woodstockrecreationdepartment.com
Contact: Dave Zinnen 815.338.4363
Email: dzinnen@woodstockil.gov

CHEERLEADING

Woodstock Thunder Youth Cheerleading

The Woodstock Thunder Youth Cheerleading is an instructional program that teaches youth girls the fundamentals of cheerleading. This program cheers for the Woodstock Thunder Youth Football League. The season runs late July-November. Ages 7-14. Online registration is open for the 2016 season.

Website: www.woodstockyouthfootball.com
E-mail: woodstockyouthfootball@gmail.com

FOOTBALL

St. Mary's Fighting Irish Football

St. Mary's Youth Football program is a competitive/instructional program for boys and girls age 7-14. The season runs from late July-October and includes weekly practices and weekend games.

Website: www.stmarysfootball.com

Contact: Drew Pothoff 815.334.0722

Woodstock Thunder Youth Football

The Woodstock Thunder Youth Football is a fun/ competitive/ instructional program for all boys and girls ages 7-14. Woodstock Thunder youth football plays in the TCYFL Football League. The season runs late July-November. Online registration is open for the 2016 season.

Website: www.woodstockyouthfootball.com

E-mail: woodstockyouthfootball@gmail.com

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Woodstock Thunder Youth Flag Football

The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork and sportsmanship. It is played in a co-ed 7 on 7, and all players are involved. The season runs from late August-October. Boys and Girls ages 5-7. Online registration is open for the 2016 season.

Website: www.woodstockyouthfootball.com

E-mail: woodstockyouthfootball@gmail.com

SOCCER

Recreation & Travel Soccer Woodstock United Soccer Association (WUSA)

Woodstock United Soccer Association is an affiliate of the Illinois Youth Soccer Association (IYSA) providing a youth soccer program for girls and boys of Woodstock and the surrounding areas ages 4 - 18.

WUSA is McHenry County's premiere choice for Recreation and Travel Club youth soccer. Both programs governed by one Board of Directors gives families the opportunity to choose the style of play that best suits their children within one organization.

Recreation (House) Program is for players to learn fundamentals of the game while developing self-esteem, teamwork and a winner's attitude. We achieve this through our six philosophies; everyone plays, good sportsmanship, open registration, balanced teams, positive coaching and player development.

Crossfire Travel Program is a program that takes the players the next step into competitive soccer. Our goal is to emphasize competitive soccer through individual development, team commitment, good sportsmanship, positive attitude and soccer fundamentals to provide our players with the skills to prepare them to play in High School and eventually College. We achieve this by using USSF licensed soccer coaches to organize and train youth travel teams that seek the highest level of team competition at local, state and regional levels.

Website: www.woodstockunitedsoccer.org

Contact: Hotline 815.345.5399

Email: info@woodstockunitedsoccer.org

SQUARE DANCING

Woodstock SQUARE DANCE CLUB

The Woodstock Square Dance Club would like to challenge you to learn to square dance. This dance is NOT like the dance you learned in school. You will have the opportunity to have fun and make new friends. Lessons are open to all ages. In just a short time, you will be able to get out on the dance floor and have a good time. Lessons will start on September and January. Look for announcements on our website or in local newspapers.

Website: www.woodstocksquares.wix.com/woodstocksquares

Contact: 815.344.5879

Email: woodstocksquares@gmail.com

SWIM

Woodstock Swimming Association

(aka "The Woodstock Dolphins")

The Woodstock Dolphins is a USA swimming, year round, competitive swim team offering kids the opportunity to learn competitive swimming technique and skills. Developmental swimmers will learn to master all four strokes while the competitive swimmers will challenge themselves through competition against other swimmers at meets throughout northern Illinois and southern Wisconsin. The fall/winter season runs September through February and the summer season runs April through July. The Free TryIt! Orientation Program is offered twice a year in August and in March for those wanted to know more about the program. Please see the website for further information.

Website: www.woodstockdolphins.com

WRESTLING

Woodstock Cyclones Youth Wrestling Club

The Woodstock Cyclones Youth Wrestling Club is registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5 to 14 that want to learn the sport of wrestling. We will offer a learning atmosphere that is appropriate for all skill levels and experience ranging from the fundamentals and basic rules of the sport to advanced technique for those wrestlers ready to compete at the highest levels. Registration is now open on-line for the upcoming season that runs November - March.

Website: www.woodstockcyclones.com

Contact: Tim Creighton 815.482.4223

Email: coach.creighton@woodstockcyclones.com

Crystal Lake Wizards Youth Wrestling Club

The Crystal Lake Wizards Youth Wrestling Club has just completed its 25th season and was awarded the designation of one of the Top 50 Wrestling Clubs in the country by USA Wrestling. The Wizards are registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5-14 that wish to learn the sport of wrestling. Our main goal is to introduce wrestling in a competitive but fun environment and to foster a young wrestler's potential through serious commitment. For additional information on the premiere youth wrestling club in northern Illinois, please go to our website.

Website: www.crystallakewizards.com

Contact: Tony Fontanetta 815.459.3819